

girls for a change

What does it mean to be a GFC Coach?

Women volunteers interested in coaching a Girl Action Team will be asked to fill out an application. If you are interested in starting a new team, please contact Carrie about starting a team before filling out the application (see criteria above). Women who are coaching a new team that has already been approved by GFC, should fill out the GFC Coach application.

After filling out an application, coaches are asked to complete a coach interview and then attend an orientation. The orientation will be arranged with GFC staff and will be done via webinar.

(Communities in the United States with more than 3 teams can schedule a local coach orientation and training with GFC)

As a volunteer “coach” you will work with a partner coach and group of 5-10 girls. Coaches guide the girls through identifying a problem in their community and solving it over the course of 12 weeks. Most importantly coaches tell girls they are powerful, important and valued. The coach position is a dynamic and rewarding experience that leads to connections with girls and other adult women in your area, implementation of a social change project and a contribution toward putting women at the global leadership tables.

Benefits: **Read what women have to say about** the life-changing experiences as GFC coaches! You'll also gain:

- A NETWORK OF PROFESSIONAL WOMEN
- YOUTH DEVELOPMENT TRAINING
- GROUP MANAGEMENT SKILLS
- FACILITATION SKILLS
- PERSONAL DEVELOPMENT
- COACHING SKILLS
- PUBLIC SPEAKING AND FUND RAISING SKILLS
- CREATION OF SOCIAL CHANGE IN PARTNERSHIP WITH GIRLS
- PROJECT MANAGEMENT SKILLS

When: You will meet once a week with girls for 12 weeks. This is a 15 hour per month time commitment during the 12-week session. The time you spend will change the lives of girls. The GFC program year begins with a coach orientation.

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Where: Girls who are members of GFC are either in middle school or high school. Teams generally meet on school campuses or at community centers.

Training: We also offer an additional coach training session besides orientation that assists coaches in working with teams, youth development, managing a social change project in partnership with girls and networking with other professional women. GFC coaches also say that their GFC training enhances their professional skills - from communication to project planning. Once you are accepted as a coach, you will receive information on online resources including additional trainings offered.

Qualifications:

- Ability to fully commit to a 12-week volunteer assignment
- Ability to attend coach orientation (requires a long distance phone call and Internet access)
- Willingness to be screened and fingerprinted.
- Willingness to work in partnership with another volunteer coach.
- Desire to encourage, inspire, empower, ignite and engage young women to develop their leadership abilities and implement social change projects.
- Willingness to be flexible and open to the organic process that youth projects often take.