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Shiaria Tarry

girl power

When Shiaria, 17, joined Huguenot High School's *Girls for a Change* team, she discovered how powerful girls can be.

"We empower girls to create social change," says Eleanor Rouse, the organization's national development director. "They choose an issue, pinpoint the cause, and take action."

Shiaria's team noticed girls making bad choices and traced it to negative self-image in adolescence. Next, they developed a Self-Esteem Showcase for middle school girls with a skit, poems, dance, and discussions. "We want them to know that they're changing on the outside," says Shiaria,

"But it's who they are on the inside that counts."

"When middle school girls feel good about themselves, they'll make positive choices in high school."

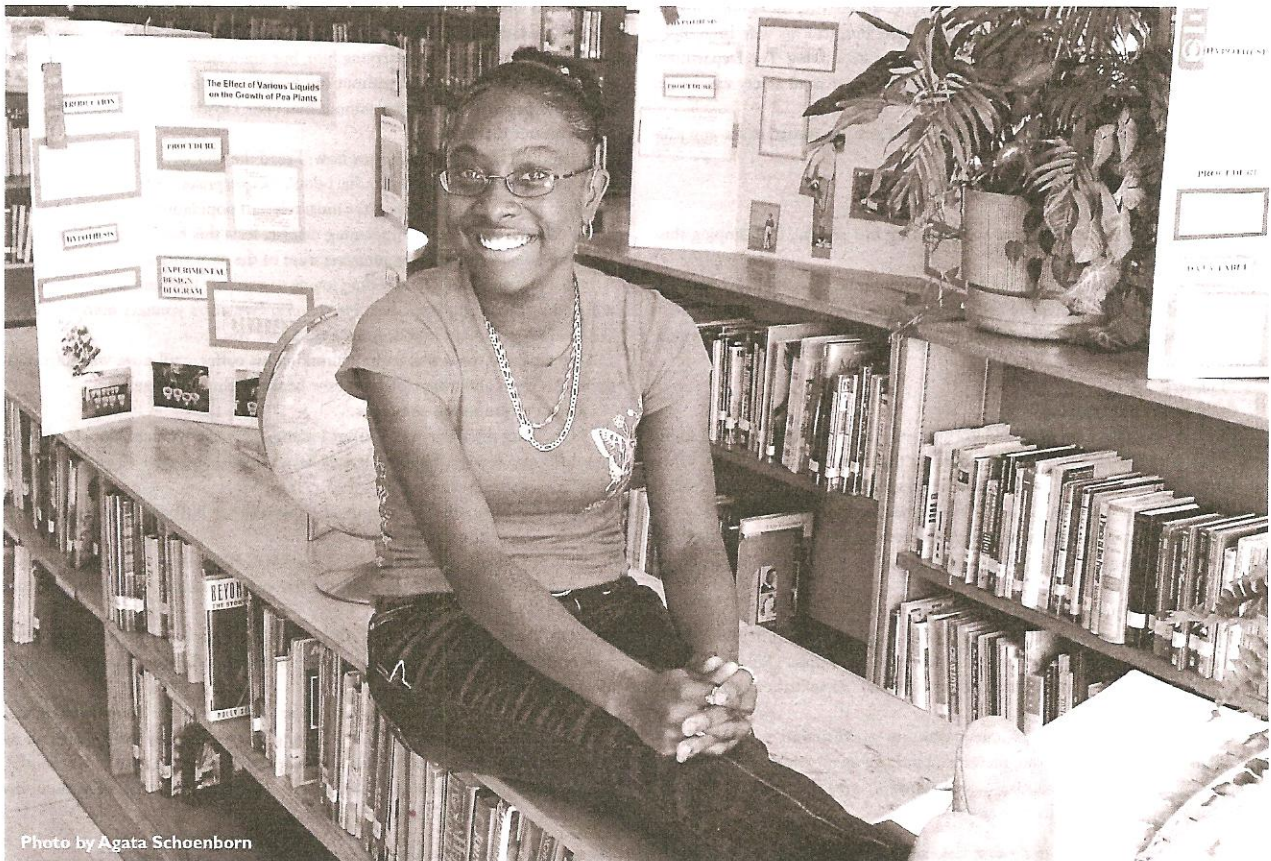


Photo by Agata Schoenborn